

**Integration Joint Board**

**Agenda item:**

**Date of Meeting: 25 March 2020**

**Title of Report: Chief Officer Report**

**Presented by: Joanna Macdonald, Chief Officer**

**The Integration Joint Board is asked to:**

- Note the following report from the Chief Officer

**Excellence Award for Macmillan Palliative Suite**

Recent inspection of the newly refurbished palliative suite ('the Sunroom') in Campbeltown Hospital by external assessors, commissioned by Macmillan Cancer Support, has led to their highest possible award of excellence.

The overall result was described as being of a high standard with particular reference made to the focus on cleanliness and the lengths gone to provide a 'home from home' environment, evidencing a person-centred approach to caring for those using the facility, and staff were also commended for their efforts.

**World Cancer Day**

The HSCP recently supported World Cancer Day which was a day for everyone around the world to come together and unite in support of the positive, inspiring global work against cancer and its effect on the lives of so many. Cancer can be one of the hardest experiences a person will go through, and simply being there for someone and knowing where to turn to for support, services and advice can make such a difference.

In supporting World Cancer Day the HSCP is sharing valuable and helpful information with residents living in Argyll and Bute to ensure that they know about some of the support and services available for people diagnosed with cancer and other long-term conditions.

**How to Quit Smoking**

Smoking is a serious cause of ill health and whilst smoking rates have fallen significantly over the past 20 years, 17% of people in Argyll and Bute continue to smoke. 10,000 people die of smoking related ill-health in Scotland every year!

Quitting smoking can be challenging and to help with this the HSCP employs a number of smoke free advisors across Argyll and Bute who offer free non judgemental support through a range of stop smoking specialist services.

### **Young Carers Awareness Day**

The HSCP supported Young Carer's Awareness Day which took place on 30 January (Young carers are children and young people under 18 years old, some as young as 5 years old, that provides unpaid care to loved ones). This is an annual event, led by Carers Trust, and this year the focus was on awareness-raising of challenges and caring responsibilities young carers face.

The HSCP, Carer's Centres and Outreach Workers have also been raising the awareness of the role of young carers to help people understand how difficult it can be for young carers to have fulfilling lives unless they have expert support in place.

### **Bute Dialysis Unit Update**

The Bute Kidney Patient Support Group have named the new Isle of Bute Dialysis Unit "The Marshall Unit" as a lasting memorial to Dr Marshall, and his daughters, who all did a great deal for the island of Bute.

The Dr J N Marshall of Island of Bute Memorial Trust and the Bute Kidney Patients Support Group, along with successful local community fundraising, provided the capital funds for the Unit.

The project is now progressing to the final stages and the local community on the island will be kept informed as things progress.

### **Cervical Cancer Awareness Week**

The HSCP supported Cervical Cancer Awareness Week and encouraged women across Argyll and Bute to be aware of the disease and ensure they do not skip their regular cervical cancer screening appointments. One in four women do not take up the opportunity to participate in cervical screening when invited to do so, with uptake being particularly low among women aged 25 – 29 years.

The cervical screening test saves around 5000 lives in the UK every year. It is not a test for cancer, but a test to identify changes in the cells of the cervix so they can be monitored or treated. Without treatment some changes may develop into cervical cancer. It is estimated cervical screening prevents 8 out of 10 cervical cancers from developing.